



*For Immediate Release*  
**Logic & Reason in a time of crisis.**

*"Governments love crises because when the people are fearful they are more willing to give up freedoms for promises that the government will take care of them."*

*- Dr. Ron Paul*

March 20, 2020

The Axiom Seminar is issuing an evidence based statement of inspiration and truth, reaffirming that logic and reason are humanities greatest hopes moving forward. Following the initial outbreak late last year, the world has been over taken with misinformation and fear. The media has mentioned covid-19 3000% more times than previous outbreaks.<sup>1</sup> With all this attention almost no attention has been given on the bodies innate ability to heal.

Addressing the Munich Security Conference on Feb 15, 2020, World Health Organization (WHO) Director-General Dr Tedros Adhanom Ghebreyesus said:

***"... we're not just fighting an epidemic; we're fighting an infodemic ...  
This is a time for facts, not fear.  
This is a time for rationality."***<sup>2</sup>

This is a critical time for the principle of chiropractic to emerge amidst a pandemic of fear. Chiropractors are uniquely educated and positioned to help their communities understand the principle of chiropractic and elevate above the hysteria. Fear affects the immune response, by disrupting a normal circadian increase in natural killer cells.<sup>3</sup> Therefore, in order to navigate through this pandemic, we must base our thinking on facts and logic, with as much knowledge as possible.

**Fighting FEAR with FACTS.**

Concern and empathy for all, especially for those at a greater risk, as with any infectious disease, is warranted by Doctors of Chiropractic. Nonetheless, knowing the data helps battle irrationality. As of March 20, 2020, it is estimated that 80.9% of cases are mild and the average disease deaths per day worldwide is estimated at 144 (we are still in the start of the global pandemic so this number is likely to change.)

To contextualise the mortality rate, consider that on a given day 26,283 people die of cancer; 49,041 people die of cardiovascular diseases; 4,383 people die of diabetes; suicide takes on average 2,191 lives, mosquitoes take the lives of over 2,740 people, and HUMANS kill an average of 1,287 fellow people, every single day.

In terms of deaths from influenza-induced lower respiratory tract infections, a 2019 study estimated 99,000 - 200,000 deaths for the 2017-2018 flu season. This is not to suggest

that we should not live without intellectual precaution, practice basic hygienic measures or empathise with anyone affected by the pandemic. We must however advocate INTELLECTUAL HYGEINE.

## **Fundamental Truth & The Role of Chiropractic**

*“While other professions are concerned with changing the environment to suit the weakened body, chiropractic is concerned with strengthening the body to suit the environment.”*

*-BJ Palmer*

The body is a self healing, self regulating ecosystem. The nervous system controls, coordinates and adapts all functions of the body. Vertebral subluxations obstruct and interfere with that process.

Chiropractic colleges, the federal government, and numerous associations define the unique and non-duplicative role and responsibility of chiropractic, as the detection and correction of vertebral subluxation because of the resultant neurological and biochemical interference. Chiropractors are not primary care physicians, but rather separate and distinct from medicine as a portal of entry health care profession. To suggest chiropractic is a treatment for infectious disease is outside of the role of chiropractic. One of several significant roles the chiropractor can play during this or any pandemic, is to teach his or her patients HOW to think, ask questions, and to focus attention away from fear and towards the bodies innate ability to heal.

Published 17, March 2020 in Nature Medicine, is a detailed report of how the patient’s immune system responded to covid-19. Professor Kedzierska research shows:

“that even though COVID-19 is caused by a new virus, in an otherwise healthy person, a robust immune response across different cell types was associated with clinical recovery, similar to what we see in influenza,”<sup>4</sup>

There are no known cures for the corona virus. Therefore it is of the utmost importance to focus our attention and the publics attention, away from the hysteria to what can actually be done now, in order for us all to adapt to the environment optimally.

Chiropractic represents a non duplicatable component of heathcare for optimizing the bodies inborn ability to heal and adapt. Timely and consistent access to chiropractic care is important for humanity to adapt and optimise performance whether in a crisis or not. Chiropractic does not claim to diagnose, treat, or cure any condition, including the Coronavirus or conditions caused by COVID-19.

Nothing in this position statement absolves the chiropractor from empathy, and/or from knowing the limits of his or her authority and skill, and from determining the safety and appropriateness of chiropractic care.

## **Chiropractic and Immune health**

During times of stress or injury, the central nervous and endocrine systems come into play and transmits messages to one another.

“An imbalance or alterations in these systems in response to disease, stress, injury and/or metabolic alterations can lead to significant changes in immune responsiveness and susceptibility to infections...” 5

Axiom Seminar encourages jurisdictions, legal authorities and associations at all levels globally to acknowledge and respect that chiropractic is a distinct and important service to humanity whether in pandemic or not. In addition, we strongly appose the WFCs recent statement concerning chiropractic and immune function that:

“No credible, scientific evidence that spinal adjustment / manipulation has any clinically relevant effect on the immune system was found. At the time of writing, there exists no credible, scientific evidence that would permit claims of effectiveness for conferring or enhancing immunity through spinal adjustment / manipulation to be made in communications by chiropractors.” 6

Without defining their terms, and what level of evidence is accepted, their statement is of no clinical or professional value. Basic neuroanatomy, peer reviewed literature, and other scientific publications has together documented the role of the nerve system in nearly all levels of human performance, including immune function. Reducing the role of chiropractic to the treatment of musculoskeletal condition is unscientific, unethical and will contribute to the burden society is facing ahead. A partial list of 109 references about biomechanical integrity and immune function is provided below. This quantity of evidence not only warrants further investigation, it also dismisses the WFC statement as ignorant to the literature.

## **Conclusion**

As of this day of the press release, the best estimate is a total of 10,405 deaths in relation to the coronavirus. By contrast, tuberculosis, an old disease not much discussed anymore, killed nearly 1.5 million people in 2018. Since we understand that better questions will yield better answers, let us begin with a great question: Why is there no media attention for any of the previously mentioned pandemics or what can be done to strengthen the immune system and empower the public from fear?

That is not to say the disease is harmless. There is no doubt people will continue to die from coronavirus. No one should feel guilty about closing their clinic and no one should feel obligated to put themselves or elderly patients at risk.

We urge all humans to be asking better questions for themselves, and to not allow the appeal to emotional hype, hysteria and misinformation as an excuse to give up liberty and freedom or worse, to ignore the role chiropractic plays in salutogenesis. Humanity must do what it takes to stay safe, through a evidence informed solution based on reason. Without this, fear will lead us to a maladaptive state both biologically and professionally.

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